During the RED STAGE of the university’s Physical Distancing Framework, the Academic Advising Resource Center (AARC) strongly suggests that academic advising conversations and appointments happen virtually (online or over the telephone).

The AARC will continue to keep the campus community up-to-date on important programs, dates, and deadlines that affect registration, major/minor declaration, and graduation. Here are some important tips you may find helpful:

**Academic Advising: Tip & Suggestions**

**Advising Tip #1: Stay Engaged!**
Keep engaging with your advisor, your professors, and your classmates. Since we’re not all learning together on campus, it’s more important than ever to...

- Maintain your academic schedule and find a routine that helps you balance your class time with your home life (and don’t forget to make time for your emotional and physical well-being!).
- *Attend class and participate. Show up/log in early, engage in classroom conversations, and ask questions. Your professors want you to succeed!*
- *Stay in contact with your Academic Advisor. Email your advisor if you have any questions or concerns, or updates on your academic progress or your upcoming plans for next semester.*

*When attending a virtual class or appointment, try to find a quiet space with few distractions. Keep it professional: log-in early – no “rolling out of bed” – and check your technology before the appointment begins.*

**Advising Tip #2: Get Ready to Register!**
Remember, you cannot register for spring semester until you have met with your Academic Advisor. Your advisor should be in touch with you soon to schedule a virtual meeting with you during Spring Registration Advising Week (October 19 – 23). Just as you would any other semester, prepare for your advising appointment and...

- Look at the spring course offerings in BannerWeb.
- Draft a class schedule.
- Check your "HOLDS" status in BannerWeb and clear any holds immediately; you will not be allowed to register if you have a hold on your account. (Click [here](#) for more details on holds.)
- All advising appointments are FERPA protected and remain confidential. What does this mean? Guests and/or visitors are not allowed to attend your virtual advising appointment.
- After you meet with your advisor, check your registration status in BannerWeb – it should say that you have been “ADVISED” (to view, go to: Student Services > Registration > Check Your Registration Status).
Advising Tip #3: Stay Connected!

- Attend as many online forums and/or discussions your professors or department chairs host.

- Check the AARC's website regularly for important information about registration.

- Check your UR email address frequently – your Academic Advisor may be trying to reach you!

- There are SO MANY campus resources available to you:
  - Academic Skills Center
  - Boatwright Library
  - CAPS
  - Career Service
  - Chaplaincy
  - Information Services
  - Richmond College Dean's Office
  - Westhampton College Dean's Office
  - SpiderTechNet

Need more help? The AARC is here for you!

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During the red stage, the AARC has limited office hours. Please email us if you need immediate assistance!