Choose EITHER a Sandwich & side OR a Fresh Garden Salad and a DRINK.

Sandwiches

Served with pickle, cookie, and choice of ONE side (listed below)

1. Virginia Baked Ham Sandwich
   Rye bread - Virginia baked ham and Swiss cheese with our signature sauce on the side.

2. BLT
   Sourdough bread – Lean bacon next to garden fresh tomatoes and crisp green leaf lettuce with our signature sauce on the side.

3. Turkey Avocado
   Honey wheat bread - Oven-roasted turkey breast, sliced avocado, sprouts and Swiss cheese with cranberry sauce on the side.

4. Herb Roasted Chicken
   Olive Oil & Herb Bread – Sliced chicken marinated in a blend of herbs and spices served with Swiss cheese & Pesto Mayo on the side.

5. Roast Beef Deluxe
   13-Grain Bread – Lean top round of beef, provolone and cheddar cheese with Dijon horseradish on the side.

6. Vegetarian
   Olive Oil & Herb Bread – Mushrooms, tomatoes, cucumbers, avocado, peppers & sprouts, provolone & cheddar cheese with Pesto Mayo on the side.

7. Granny Apple Turkey
   Honey Wheat Bread – Tangy sliced green apples, tender turkey breast, and Havarti cheese with Apple Cider Vinaigrette sauce on the side.

8. Spicy Chipotle Chicken
   Sourdough Bread – Chipotle seasoned chicken with tomatoes and pepper jack cheese served with Chipotle Mayo on the side.

9. Albacore Tuna
   Sourdough Bread – The best fancy white albacore tuna with Swiss cheese.

10. Turkey Bacon Jack
    Sourdough Bread - Sliced turkey breast topped with bacon, pepper jack cheese, and signature sauce on the side.

Sides: (choose ONE)

- Apple Wedges
- Baby Carrots & Ranch Dressing
- Frog Eye Salad
- Pasta Salad
- Potato Chips – baked
- Potato Chips – regular
- Potato Salad
Garden Fresh Salads
Served with made from scratch bread, butter, cinnamon honey butter, mint and your choice of dressing (listed below)

1. Apple Walnut Salad
   Sliced apples, candied walnuts, crumbled bacon and mozzarella cheese on a crisp bed of salad greens. Served with apple cider vinaigrette dressing.

2. Capraesar Salad
   A Caprese/Caesar salad combination. Fresh mozzarella cheese, slice tomatoes, olives and cucumbers with basil on a bed of crisp romaine lettuce. Served with a Light Balsamic Vinaigrette.

3. Cashew Chicken Salad
   Assorted greens mixed with fresh vegetables, topped with our famous homemade cashew chicken salad and cashew pieces. Served with your choice of dressing.

4. Cranberry Bleu Salad
   Salad greens and vegetables topped with tangy dried cranberries, crumbled blue cheese and candied walnuts. Served with Poppy Seed dressing on the side.

5. Tuna Salad
   Assorted greens mixed with fresh vegetables, topped with the finest, fresh white albacore tuna salad. Served with your choice of dressing.

6. Tossed Green Salad
   Fresh leaf lettuce mixed with red cabbage, grated carrots, and fresh vegetables. Served with your choice of dressing.

Salad Dressings (all on the side):

Ranch
Light Ranch
BBQ Ranch
Caesar
Italian
Bleu Cheese
Fat-Free Raspberry Vinaigrette
Light Balsamic Vinaigrette
Apple Cider Vinaigrette
Thousand Island
Poppy Seed
Sesame Ginger

Drinks: (choose one)

Coke
Diet Coke
Sprite
Bottled Water