Apple Spice Junction Lunch Menu Selections

Choose EITHER a Sandwich & side OR a Fresh Garden Salad and a DRINK.

Sandwiches
- Served with pickle, cookie, and choice of ONE side (listed below)

1. Baked Ham Sandwich
   Rye bread - Sugar-cured Virginia baked ham and Swiss cheese with our signature sauce on the side.

2. BLT
   Sourdough bread – Lean bacon next to garden fresh tomatoes and crisp green leaf lettuce with our signature sauce on the side.

3. Turkey Avocado
   Honey wheat bread - Oven-roasted turkey breast, sliced avocado, sprouts and Swiss cheese with cranberry sauce on the side.

4. Herb Roasted Chicken
   Olive Oil & Herb Bread – Sliced chicken marinated in a blend of herbs and spices served with Swiss cheese & Pesto Mayo on the side.

5. Roast Beef Deluxe
   13-Grain Bread – Lean top round of beef, provolone and cheddar cheese with Dijon horseradish on the side.

6. Curry Chicken
   Olive Oil & Herb Bread – Sweet & savory mild curry, mandarin oranges, and red grapes with classic chicken salad.

7. Vegetarian
   Olive Oil & Herb Bread – Mushrooms, tomatoes, cucumbers, avocado, peppers & sprouts, provolone & cheddar cheese with Pesto Mayo on the side.

8. Granny Apple Turkey
   Honey Wheat Bread – Tangy sliced green apples, tender turkey breast, and Havarti cheese with Apple Cider Vinaigrette sauce on the side.

9. Spicy Chipotle Chicken
   Sourdough Bread – Chipotle seasoned chicken with tomatoes and pepper jack cheese served with Chipotle Mayo on the side.

10. Albacore Tuna
    Sourdough Bread – The best fancy white albacore tuna with Swiss cheese.

Sides: (choose ONE)
- Apple Wedges
- Baby Carrots & Ranch Dressing
- Frog Eye Salad
- Pasta Salad
- Potato Chips – baked
- Potato Chips – regular
- Potato Salad
**Garden Fresh Salads**

Served with made from scratch bread, butter, cinnamon honey butter, mint and your choice of dressing (listed below)

1. **Apple Walnut Salad**
   Sliced apples, candied walnuts, crumbled bacon and mozzarella cheese on a crisp bed of salad greens. Served with apple cider vinaigrette dressing.

2. **Capraesar Salad**
   A Caprese/ Caesar salad combination. Fresh mozzarella cheese, slice tomatoes, olives and cucumbers with basil on a bed of crisp romaine lettuce. Served with a Light Balsamic Vinaigrette.

3. **Cashew Chicken Salad**
   Assorted greens mixed with fresh vegetables, topped with our famous homemade cashew chicken salad. Served with your choice of dressing.

4. **Cranberry Bleu Salad**
   Salad greens and vegetables topped with tangy dried cranberries, crumbled blue cheese and candied walnuts. Served with Poppy Seed dressing on the side.

5. **Tuna Salad**
   Assorted greens mixed with fresh vegetables, topped with the finest, fresh white albacore tuna salad. Served with your choice of dressing.

6. **Tossed Green Salad**
   Fresh leaf lettuce mixed with red cabbage, grated carrots, and fresh vegetables. Served with your choice of dressing.

**Salad Dressings (all on the side):**

- Ranch
- Light Ranch
- BBQ Ranch
- Caesar
- Italian
- Bleu Cheese
- Fat-Free Raspberry Vinaigrette
- Light Balsamic Vinaigrette
- Apple Cider Vinaigrette
- Thousand Island
- Poppy Seed
- Sesame Ginger

**Drinks: (choose one)**

- Coke
- Diet Coke
- Sprite
- Bottled Water