Apple Spice Junction Lunch Menu Selections

Choose EITHER a Sandwich & side OR a Fresh Garden Salad.

Sandwiches
Served with pickle, cookie, and choice of ONE side (listed below)

1. Baked Ham Sandwich
   Rye bread - Sugar-cured Virginia baked ham and Swiss cheese with our signature sauce on the side.

2. BLT
   Sourdough bread – Lean bacon next to garden fresh tomatoes and crisp green leaf lettuce with our signature sauce on the side.

3. Turkey Avocado
   Honey wheat bread - Oven-roasted turkey breast, sliced avocado, sprouts and Swiss cheese with cranberry sauce on the side.

4. Herb Roasted Chicken
   Olive Oil & Herb Bread – Sliced chicken marinated in a blend of herbs and spices served with Swiss cheese & Pesto Mayo on the side.

5. Roast Beef Deluxe
   13-Grain Bread – Lean top round of beef, provolone and cheddar cheese with Dijon horseradish on the side.

6. Curry Chicken
   Olive Oil & Herb Bread – A blend of sweet & savor spices with a hint of mild curry mixed with fruit and tender chicken breast.

7. Vegetarian
   Olive Oil & Herb Bread – Mushrooms, tomatoes, cucumbers, avocado, peppers & sprouts, provolone & cheddar cheese with Pesto Mayo on the side.

8. Granny Apple Turkey
   Honey Wheat Bread – Tangy sliced green apples, tender turkey breast, and Havarti cheese with Apple Cider Vinaigrette sauce on the side.

9. Chipotle Chicken
   Sourdough Bread – Chipotle seasoned chicken with tomatoes and pepper jack cheese served with Chipotle Mayo on the side.

10. Albacore Tuna
    Sourdough Bread – The best fancy white albacore tuna with Swiss cheese.

Sides: (choose ONE)
Apple Wedges
Baby Carrots & Ranch Dressing
Frog Eye Salad
Pasta Salad
Potato Chips – baked
Potato Chips – regular
Potato Salad
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Garden Fresh Salads
Served with made from scratch bread, butter, cinnamon honey butter, mint and your choice of dressing (listed below)

1. Apple Walnut Salad
   Sliced apples, candied walnuts, crumbled bacon and mozzarella cheese on a crisp bed of salad greens. Served with apple cider vinaigrette dressing.

2. Capraesar Salad
   A Caprese/Caesar salad combination. Fresh mozzarella cheese, slice tomatoes, olives and cucumbers with basil on a bed of crisp romaine lettuce. Served with a Light Balsamic Vinaigrette.

3. Cashew Chicken Salad
   Assorted greens mixed with fresh vegetables, topped with our famous homemade cashew chicken salad.

4. Cranberry Bleu Salad
   Salad greens and vegetables topped with tangy cranberries, crumbled blue cheese and candied walnuts. Served with Poppy Seed dressing on the side.

5. Tuna Salad
   Assorted greens mixed with fresh vegetables, topped with the finest, fresh white albacore tuna salad.

6. Veg Out!
   An array of crisp cut garden veggies next to our famous Ranch dip. It’s like your own personal vegetable tray!

Salad Dressings (all on the side):

- Ranch
- Light Ranch
- Caesar
- Italian
- Bleu Cheese
- Fat-Free Raspberry Vinaigrette
- Light Balsamic Vinaigrette
- Apple Cider Vinaigrette
- Thousand Island
- Poppy Seed
- Sesame Ginger